LWVSC 2019 Book List

January 17--Moderated by Karen Rust

The Feather Thief: Beauty Obsession and the Natural Historical Heist of the Century, by Kirk Wallace Johnson, 385 pages, 2018.

In 2009 someone broke into a branch of the British Museum of Natural History and stole almost 300 exotic bird skins, some collected by Alfred Wallace, a contemporary of Darwin. The thief is found to be a young Americans musician deeply involved with the art of Victorian salmon fly tying, a cult hobby that requires the feathers of exotic and often endangered birds. A fascinating mystery without the blood and gore. It is also about narcissism, entitlement, obsession, crime and (lack of) punishment, PTSD, bad parenting and of course, feathers.

February 21--Moderated by Jan Randall

The Food Explorer, The True Adventures of the Globe-trotting Botanist Who Transformed What America Eats, Daniel Stone, 416 pages, 2018.

The true adventures of David Fairchild, a late-nineteenth-century food explorer who traveled the globe and introduced diverse crops like avocados, mangoes, seedless grapes—and thousands more—to the American plate.

In the nineteenth century, American meals were about subsistence, not enjoyment. But as a new century approached, appetites broadened, and David Fairchild, a young botanist with an insatiable lust to explore and experience the world, set out in search of foods that would enrich the American farmer and enchant the American eater. Kale from Croatia, mangoes from India, and hops from Bavaria. Peaches from China, avocados from Chile, and pomegranates from Malta. Fairchild's finds weren't just limited to food: From Egypt he sent back a variety of cotton that revolutionized an industry, and via Japan he introduced the cherry blossom tree, forever brightening America's capital. Along the way, he was arrested, caught diseases, and bargained with island tribes. But his culinary ambition came during a formative era, and through him, America transformed into the most diverse food system ever created.

March 21--Moderated by Mary Fricker

An American Sickness: How Healthcare Became Big Business and How You Can Take It Back, Elisabeth Rosenthal, 337 pages, 2017.

Rosenthal, a senior writer for the New York Times who has a Harvard Medical School degree and served as a physician at New York-Presbyterian Hospital, asserts that the American medical system has lost its focus on health. An American Sickness is a shocking investigation into our dysfunctional healthcare system - and offers practical solutions to its myriad problems. Breaking down this monolithic business into the individual industries—the hospitals, doctors, insurance companies, and drug manufacturers—that together constitute our healthcare system, Rosenthal exposes the recent evolution of American medicine as never before.

April 16--Moderated by Sukey Robb-Wilder

Eager: the surprising, secret life of beavers and why they matter, by Ben Goldfarb, 286 pages, 2017.

This diverting volume sings the praises of beavers, who, though targets of a multi-century massacre and besieged by urban sprawl, still manage to flourish not only in Walmart parking lots, but in stormwater ponds, golf course water hazards, and even in downtown Martinez CA. Goldfarb, an environmental journalist, makes the case that beavers are a keystone species vital for ensuring healthy ecosystems; yet, their notoriety as a nuisance species is hard to overcome. He likens them to "ecological and hydrological Swiss Army knives, capable, in the right circumstances, of tackling just about any landscape-scale problem." He writes eloquently of the return of this industrious, habitat-enriching animal, its conflicts with humans and their property, and of the ways both elegant and Rube Goldbergian in which beaver and human needs can be balanced. (3 copies in the library.)

May 16--Moderated by Nancy Burrington

The Browns of California, by Miriam Pawel, 480 pages, 2018.

Pulitzer Prize—winning journalist Pawel (The Crusades of Cesar Chavez) continues to explore the California political landscape with this well-written and deeply researched dual biography of the late Pat Brown, the state's governor from 1959 to 1967, and his son Jerry Brown, who was governor from 1975 to 1983 and reelected in 2011. The backdrop for all of this is the rich history of California, illuminated with small historical details that are a testament to Pawel's research. In

June 20--Moderated by Lee Lipinsky and Anita Lytle

An Indigenous Peoples' History of the United States, by Roxanne Dunbar-Ortiz, 296 pages, 2014.

With growing support for movements such as the campaign to abolish Columbus Day and replace it with Indigenous Peoples' Day and the Dakota Access Pipeline protest led by the Standing Rock Sioux Tribe, An Indigenous Peoples' History of the United States is an essential resource providing historical threads that are crucial for understanding the present. In *An Indigenous Peoples' History of the United States*, Dunbar-Ortiz adroitly challenges the founding myth of the United States and shows how policy against the Indigenous peoples was colonialist and designed to seize the territories of the original inhabitants, displacing or eliminating them. And as Dunbar-Ortiz reveals, this policy was praised in popular culture, through writers like James Fenimore Cooper and Walt Whitman, and in the highest offices of government and the military. Shockingly, as the genocidal policy reached its zenith under President Andrew Jackson, its ruthlessness was best articulated by US Army general Thomas S. Jesup, who, in 1836, wrote of the Seminoles: "The country can be rid of them only by exterminating them."

Spanning more than four hundred years, this classic bottom-up peoples' history radically reframes US history and explodes the silences that have haunted our national narrative.

The Color of Law: A Forgotten History of How Our Government Segregated America, by Richard Rothstein, 368 pages, 2018.

Exploding the myth of de facto segregation arising from private prejudice or the unintended consequences of economic forces, Rothstein describes how the American government systematically imposed residential segregation: with undisguised racial zoning; public housing that purposefully segregated previously mixed communities; subsidies for builders to create whites-only suburbs; tax exemptions for institutions that enforced segregation; and support for violent resistance to African Americans in white neighborhoods. A groundbreaking, "virtually indispensable" study that has already transformed our understanding of twentieth-century urban history (Chicago Daily Observer), The Color of Law forces us to face the obligation to remedy our unconstitutional past.

July 18--Moderated by Juanita Roland

Leadership in Turbulent Times, by Doris Kearns Goodwin, 473 pages, 2018.

In this culmination of five decades of acclaimed studies in presidential history, Pulitzer Prizewinning author Doris Kearns Goodwin offers an illuminating exploration of the early development, growth, and exercise of leadership. Are leaders born or made? Where does ambition come from? How does adversity affect the growth of leadership? Does the leader make the times or do the times make the leader? In Leadership, Goodwin draws upon the four presidents she has studied most closely--Abraham Lincoln, Theodore Roosevelt, Franklin D. Roosevelt, and Lyndon B. Johnson (in civil rights)-to show how they recognized leadership qualities within themselves and were recognized as leaders by others. This seminal work provides an accessible and essential road map for aspiring and established leaders in every field. In today's polarized world, these stories of authentic leadership in times of apprehension and fracture take on a singular urgency.

August 15--Moderated by Carole Sunlight

Red Notice: A True Story of High Finance, Murder, and One Man's Fight for Justice, by Bill Browder, 416 pages, 2015.

The book that explains why Russians wanted to meet with the Trump campaign.

"Part John Grisham-like thriller, part business and political memoir." This is a story about an accidental activist. Bill Browder started out his adult life as the Wall Street maverick whose instincts led him to Russia just after the breakup of the Soviet Union, where he made his fortune. Along the way he exposed corruption, and when he did, he barely escaped with his life. His Russian lawyer Sergei Magnitsky wasn't so lucky: he ended up in jail, where he was tortured to death. That changed Browder forever. He saw the murderous heart of the Putin regime and has spent the last half decade on a campaign to expose it. Because of that, he became Putin's number one enemy, especially after Browder succeeded in having a law passed in the United States—The Magnitsky Act—that punishes a list of Russians implicated in the lawyer's murder. Putin famously retaliated with a law that bans Americans from adopting Russian orphans.

September 19--Moderated by Ethel Schy

Killers of the Flower Moon: The Osage Murders and the Birth of the FBI, by David Grann, 347 pages, 2017.

In 1920s Oklahoma, many members of the oil-wealthy Osage Nation were dying untimely and suspicious deaths. The widespread crimes against the Osage and the inability to identify those responsible led to the establishment of what is now known as the FBI. David Grann makes a complex web of violence and deception easy to follow by keeping the focus on one Osage woman, Mollie Burkhart, whose family members were murdered one by one. This gripping title uncovers a baffling level of corruption. The author points his investigative lens at the perpetrators of the murders, reveals cover-ups by authorities all the way up to the national level, and illustrates that the deception continued almost a century later.

October 17--Moderated by Linda Allen

Nomadland: Surviving America in the Twenty-First Century, Jessica Bruder, 320 pages, 2017.

From the beet fields of North Dakota to the National Forest campgrounds of California to Amazon's Camper Force program in Texas, employers have discovered a new, low-cost labor pool, made up largely of transient older Americans. Finding that Social Security comes up short, often underwater on mortgages, these invisible casualties of the Great Recession have taken to the road by the tens of thousands in late-model RVs, travel trailers, and vans, forming a growing community of nomads: migrant laborers who call themselves "workampers."

November 21—Select Books for 2020

December – No meeting.

Interesting Books That Were Not Selected

Suggested by Nancy Burrington

Drawdown, edited by Paul Hawken, 256 pages, 2017.

Drawdown maps, measures, models, and describes the 100 most substantive solutions to global warming. For each solution, we describe its history, the carbon impact it provides, the relative cost and savings, the path to adoption, and how it works. The goal of the research that informs *Drawdown* is to determine if we can reverse the buildup of atmospheric carbon within thirty years. All solutions modeled are already in place, well understood, analyzed based on peer-reviewed science and are expanding around the world.

Heartland, A Memoir of Working Hard and Being Broke in the Richest Country on Earth, by Sarah Smarsh, 290 pages, 2018.

Sarah Smarsh's memoir, "Heartland," opens with a perplexing ode to an imaginary baby. "I'm glad you never ended up as a physical reality in my life. But we talked for so many years that I don't guess I'll ever stop talking to you." We all have our best registers, our natural octaves, and Smarsh's is the grounded, oral, anecdotal range of her hardscrabble Kansas kinfolk. Smarsh is an invaluable guide to flyover country, worth 20 abstract-noun-espousing op-ed columnists. She was raised by those who voted against their own interests. "People on welfare were presumed

'lazy,' and for us there was no more hurtful word," she writes. "Within that framework, financially comfortable liberals may rest assured that their fortunes result from personal merit while generously insisting they be taxed to help the 'needy.' Impoverished people, then, must do one of two things: Concede personal failure and vote for the party more inclined to assist them, or vote for the other party, whose rhetoric conveys hope that the labor of their lives is what will compensate them."

These Truths, by Jill Lepore, 960 pages, 2018.

"A nation born in revolution will forever struggle against chaos," writes Lepore (History/Harvard Univ.; *Joe Gould's Teeth*, 2016, etc.). In this mammoth, wonderfully readable history of the United States from Columbus to Trump, the author relies on primary sources to "let the dead speak for themselves," creating an enthralling, often dramatic narrative of the American political experiment based on Thomas Jefferson's "truths" of political equality, natural rights, and the sovereignty of the people. A splendid rendering—filled with triumph, tragedy, and hope—that will please Lepore's readers immensely and win her many new ones.

Suggested by Karen Rust

Bad Blood, Secrets and Lies in a Silicon Valley Start Up, by John Carreyou, 392 pages, 2018.

The story of Elizabeth Holmes and Theranos. She was on magazine covers, the first female tech 'billionaire' and hailed as a Steve Jobs like figure. Now she is under federal indictment and people who lost over a \$100 million include Betsy DeVos, Rupert Murdoch and the Walmart heirs. And there were the fraudulent medical tests. Silicon Valley hype and hubris and great investigative journalism. The legal case is unfolding.

Suggested by Mary Virdeh

The Mind's Sky, Human Intelligence in A Cosmic Context, by Timothy Ferris, 222 pages, 2009.

The author synthesizes inner and outer space and examines the universe and the brain that perceives it. He discusses SETI and how we can understand, interpret, and reconcile the mysterious realms of the mind and the universe. He looks at what constitutes real intelligence and offers a life enhancing perception of our world and the choices we face as a species capable of deciding our own fate on the planet and among the stars.

Proposed by Mary Fricker

The Conservative Heart: How to Build a Fairer, Happier and More Prosperous America, Arthur C. Brooks, 272 pages, 2017.

Brooks, the outgoing president of the conservative American Enterprise Institute, challenges those who believe in conservative economic policy to communicate their ideals not just with the head but with the heart. Reading this book allows liberals to consider what conservatism might feel like if the messaging around it moved away from only pragmatism and included more care, concern, and compassion. Brooks explains what modern conservatism is really about and what conservatives are really for.

Proposed by Linda Allen

21 Lessons for the 21st Century, by Yuval Harari, 400 pages, 2018.

In a world deluged by irrelevant information, clarity is power. Censorship works not by blocking the flow of information, but rather by flooding people with disinformation and distractions. 21 Lessons for the 21st Century cuts through these muddy waters and confronts some of the most urgent questions on today's global agenda.

Why is liberal democracy in crisis? Is God back? Is a new world war coming? What does the rise of Donald Trump signify? What can we do about the epidemic of fake news? Which civilisation dominates the world – the West, China, Islam? Should Europe keep its doors open to immigrants? Can nationalism solve the problems of inequality and climate change? What should we do about terrorism? What should we teach our kids?

Billions of us can hardly afford the luxury of investigating these questions, because we have more pressing things to do: we have to go to work, take care of the kids, or look after elderly parents. Unfortunately, history makes no concessions. If the future of humanity is decided in your absence, because you are too busy feeding and clothing your kids – you and they will not be exempt from the consequences. This is very unfair; but who said history was fair?

A book doesn't give people food or clothes – but it can offer some clarity, thereby helping to level the global playing field. If this book empowers even a handful of people to join the debate about the future of our species, it has done its job.

Suggested by Carole Sunlight

This Fight is Our Fight: The Battle to Save America's Middle Class, by Elizabeth Warren, 352 pages, 2017.

Senator Elizabeth Warren has long been an outspoken champion of America's middle class, and by the time the people of Massachusetts elected her in 2012, she had become one of the country's leading progressive voices. Now, at a perilous moment for our nation, she has written a book that is at once an illuminating account of how we built the strongest middle class in history, a scathing indictment of those who have spent the past thirty-five years undermining working families, and a rousing call to action.

Educated: A Memoir, by Tara Westover, 352 pages, 2018.

An unforgettable memoir about a young girl who, kept out of school, leaves her survivalist family and goes on to earn a PhD from Cambridge University. Born to survivalists in the mountains of Idaho, Tara Westover was seventeen the first time she set foot in a classroom. Her family was so isolated from mainstream society that there was no one to ensure the children received an education, and no one to intervene when one of Tara's older brothers became violent. When another brother got himself into college, Tara decided to try a new kind of life. Her quest for knowledge transformed her, taking her over oceans and across continents, to Harvard and to Cambridge University. Only then would she wonder if she'd traveled too far, if there was still a way home

Fear: Trump in the White House, by Bob Woodward, 448 pages, 2018.

With authoritative reporting honed through eight presidencies from Nixon to Obama, author Bob Woodward reveals in unprecedented detail the harrowing life inside President Donald Trump's White House and precisely how he makes decisions on major foreign and domestic policies. Woodward draws from hundreds of hours of interviews with firsthand sources, meeting notes, personal diaries, files and documents. The focus is on the explosive debates and the decision-making in the Oval Office, the Situation Room, Air Force One and the White House residence.

Proposed by Anita Lytle

The Once and Future Worker: A Vision for the Renewal of Work in America, by Oren Cass, 280 pages, 2018.

This book is a focus on the importance of work and of making work pay. The first part of the book discusses how the "educated class" has done well in labor markets while it has become harder for people in the "working class" to find satisfying work. Further discussion includes: an education system that includes an academic and an apprenticeship track, worker co-ops, unions, wage subsidies, renewed investment in employment and more. His core principle is a respect for work of all kinds.

Proposed by Sukey Robb-Wilder

Democracy in Chains: the deep history of the radical right's stealth plan for America, by Nancy MacLean, 334 pages, 2017.

The buildup to the takedown of democracy as we know it has been a long, dedicated, and patient campaign to, as it were, repeal and replace every facet of public governance. The union of Nobel prize-winning economist James Buchanan's fanaticism with Charles Koch's unlimited finances unleashed the deconstructionist forces that now occupy Congress, the White House, and the courts. MacLean (Duke University) produces an intense and extensive examination of the rightwing's rise to power, perhaps the clearest explanation to date of the roots of the political divide that threatens to irrevocably alter American government. A readable and important companion to Jane Mayer's *Dark Money* because it details what we must guard against to preserve our democracy: the libertarian justifications and stealth-tactics of the right-wing, and the constitutional changes that would make the current alternations to our government permanent. With meaty footnotes and an extensive bibliography. Whether or not we read this book as a group, we would each benefit by understanding in detail the plan and tactics it outlines. 18 copies in the library.

The Nature Fix: why nature makes us happier, healthier, and more creative, by Florence Williams, 280 pages, 2017.

Demonstrates that our connection to nature is much more important to our cognition than we think, and that even small amounts of exposure to the living world can improve our creativity and enhance our mood. In prose that is incisive, witty, and urgent, Williams shows how time in nature is not a luxury but is in fact essential to our humanity. In this extensively researched book,

she travels to Japan, Korea, Singapore, Scotland, and elsewhere in search of hard evidence that exposure to nature causes positive changes in the brain. The idea that the open air enhances creativity and outlook isn't new; what is new, however, are current and ongoing studies by scientists who are using forests and natural landscapes as laboratories to learn more about how nature affects human health. Williams brings some intriguing observations to light; in the forests of South Korea, for instance, she learns that time among the cypress trees reduces stress and lowers blood pressure. This powerful environmental call to arms proposes that for optimal well-being, regular doses of nature are not only recommended but required. 8 copies in the library.

Proposed by Carrie Annobo

An American Quilt, by Rachel May, 402 pages, 2018,

May is able to draw out the entire story of southern slavery and northern complicity from a remarkable discovery...a quilt top and a notebook containing a cache of letters associated with it. From these materials, May weaves an extraordinary account of the families of the quilt makers and invokes the stories of the enslaved population whose labor produced the cotton of which the quilt top was made.

Proposed by Judie Colman

The Shock Doctrine, by Naomi Klein, 672 pages, 2010.

At the core of disaster capitalism is the use of cataclysmic events to advance radical privatization combined with the privatization of the disaster response itself. Klein argues that by capitalizing on crises, created by nature or war, the disaster capitalism complex now exists as a booming new economy, and is the violent culmination of a radical economic project that has been incubating for fifty years.

She also goes into the Republican project to shrink government and replace government departments and employees with outside contractors who were often more concerned with profit than with results.

She is a deep critic of Milton Friedman's "free unregulated market solves all" theory.

Makers & Takers, How Wall Street Destroyed Main Street, by Rana Roroohar, 400 pages, 2016.

Financial Times columnist Rana Foroohar details how Wall Street is no longer supporting Main Street businesses that create the jobs for the middle and working class. She draws on in-depth reporting and interviews at the highest rungs of business and government to show how the "financialization of America"—the phenomenon by which finance and its way of thinking have come to dominate every corner of business—is threatening the American Dream.

The Waste Makers, by Vance Packard, 306 pages, 1956.

The Waste Makers was the first book to probe the increasing commercialization of American

life—the development of consumption for consumption's sake. Packard outlines the ways manufacturers and advertisers persuade consumers to buy things they don't need and didn't know they wanted, including the two-of-a-kind of everything syndrome—"two refrigerators in every home"—and appeals to purchase something because it is more expensive, or because it is painted in a new color. The book also brought attention to the concept of planned obsolescence, in which a "death date" is built into products so that they wear out quickly and need to be replaced. By manipulating the public into mindless consumerism, Packard believed that business was making us "more wasteful, imprudent, and carefree in our consuming habits," which was using up our natural resources at an alarming rate.

Overwhelmed: Work, Love and Play When No One Has the Time, by Brigid Schulte, 368 pages, 2014.

Overwhelmed is a book about time pressure and modern life. It is a deeply reported and researched, honest and often hilarious journey from feeling that, as one character in the book said, time is like a "rabid lunatic" running naked and screaming as your life flies past you, to understanding the historical and cultural roots of the overwhelm, how worrying about all there is to do and the pressure of feeling like we're never have enough time to do it all, or do it well, is "contaminating" our experience of time, how time pressure and stress is re-sculpting our brains and shaping our workplaces, our relationships and squeezing the space that the Greeks said was the point of living a Good Life: that elusive moment of peace called leisure.

Drive: The Surprising Truth About What Motivates Us, by Daniel H. Pink, 272 pages, 2011.

Drawing on four decades of scientific research on human motivation, Pink exposes the mismatch between what science knows and what business does—and how that affects every aspect of our lives. He demonstrates that while the old-fashioned carrot-and-stick approach worked successfully in the 20th century, it's precisely the wrong way to motivate people for today's challenges. In Drive, he reveals the three elements of true motivation:

Why We Love Dogs, Eat Pigs, and Wear Cows: An Introduction to Carnism, by Melanie Joy PH.D., 216 pages, 2011.

(Note from Judie: After reading this book, I stopped eating animals.) Social psychologist Melanie Joy explores the many ways we numb ourselves and disconnect from our natural empathy for farmed animals. She coins the term "carnism" to describe the belief system that has conditioned us to eat certain animals and not others.

In *Why We Love Dogs, Eat Pigs, and Wear Cows* Joy investigates factory farming, exposing how cruelly the animals are treated, the hazards that meatpacking workers face, and the environmental impact of raising 10 billion animals for food each year. Controversial and challenging, this book will change the way you think about food forever.

Proposed by Iris Levitis

The Line Becomes A River: Dispatches from the Border, by Francisco Cantú, 256 pages, 2018.

For Francisco Cantú, the border is in the blood: his mother, a park ranger and daughter of a Mexican immigrant, raised him in the scrublands of the Southwest. Driven to understand the hard realities of the landscape he loves, Cantú joins the Border Patrol. He and his partners learn to track other humans under blistering sun and through frigid nights. They haul in the dead and deliver to detention those they find alive. Plagued by a growing awareness of his complicity in a dehumanizing enterprise, he abandons the Patrol for civilian life. But when an immigrant friend travels to Mexico to visit his dying mother and does not return, Cantú discovers that the border has migrated with him, and now he must know the full extent of the violence it wreaks, on both sides of the line.

Proposed by Juanita Roland

Hidden Tribes: a Study of America's Polarized Landscape, Study by More in Common, 160 pages, 2018. *Note: only available online in PDF format: https://hiddentribes.us/download-report/*

This report lays out the findings of a large-scale national survey of Americans about the current state of civic life in the United States. It provides substantial evidence of deep polarization and growing tribalism. It shows that this polarization is rooted in something deeper than political opinions and disagreements over policy. But it also provides some evidence for optimism, showing that 77 percent of Americans believe our differences are not so great that we cannot come together. Political polls and years of knife-edge elections have convinced many that our country has become a 50:50 society, divided into two opposing political tribes and trapped in a spiral of conflict and division. Our research uncovered a different story, one that probes underneath the issues that polarize Americans, and finds seven groups that are defined by their core beliefs, rather than by their political opinions, race, class or gender.

When: The Scientific Secrets of Perfect Timing, by Daniel H. Pink, 268 pages, 2018.

Everyone knows that timing is everything. But we don't know much about timing itself. Our lives are a never-ending stream of "when" decisions: when to start a business, schedule a class, get serious about a person. Yet we make those decisions based on intuition and guesswork. Timing, it's often assumed, is an art. In When: The Scientific Secrets of Perfect Timing, Pink shows that timing is really a science. Drawing on a rich trove of research from psychology, biology, and economics, Pink reveals how best to live, work, and succeed.

Fascism: A Warning, by Madeleine Albright, 320 pages, 2018.

A personal and urgent examination of Fascism in the twentieth century and how its legacy shapes today's world, written by one of America's most admired public servants, the first woman to serve as U.S. secretary of state.

The Soul of America, The Battle for Our Better Angels, by Jon Meacham, 372 pages, 2018.

Pulitzer Prize—winning author Jon Meacham helps us understand the present moment in American politics and life by looking back at critical times in our history when hope overcame division and fear.Our current climate of partisan fury is not new, and in *The Soul of*

America Meacham shows us how what Abraham Lincoln called the "better angels of our nature" have repeatedly won the day.

Becoming, by Michelle Obama, 429 pages, 2018.

An intimate, powerful, and inspiring memoir by the former First Lady of the United States. In a life filled with meaning and accomplishment, Michelle Obama has emerged as one of the most iconic and compelling women of our era.

Bold & Brave: Ten Heroes Who Won Women the Right to Vote, by <u>Kirsten Gillibrand</u> (Author), and <u>Maira Kalman</u> (Illustrator), 40 pages, 2018.

From United States Senator Kirsten Gillibrand comes an inspiring picture book about ten suffragists who fought for women's right to vote. Senator Kirsten Gillibrand was inspired by her own great-grandmother, grandmother, and mother to be bold and brave--to stand up and fight for what she believes in. But who inspired them? The long chain of women before them who spoke out for what's right--women who taught each generation that followed how to be bold and brave.